

Our Ref: BN/SHL
25 September 2023

Dear Parents/Carers

I am writing to inform you that Relationships and Sex Education (RSE) is taught in our Religious Education lessons, by specialist teachers, to all year groups. As part of their RSE, Year 7 will receive one lesson of content each half term.

The lessons focus mainly on explaining and preparing pupils for the physical and emotional changes associated with puberty. They also consider the changing nature of a range of relationships, including friendship, family relationships and intimate relationships. The content will be taught in an age-appropriate way in the context of knowing about bodily changes during puberty, being able to use the correct language, keeping safe and feeling confident to ask questions and discuss in a mature and appropriate way.

The purpose of RSE at All Saints is: to prepare pupils for the physical and emotional changes of growing up; to give them the knowledge and skills to make informed and healthy choices; to build their confidence and skills to deal with situations they may encounter; to help them to stay safe and know where and how to ask for help if needed.

As directed by the Diocese, we subscribe to a fully-resourced scheme of work in Relationships and Sex Education for Catholic secondary schools called TEN:TEN "Life to the full" and deliver information on all topics that are in the statutory RSE guidance.

As part of our subscription to the TEN:TEN "Life to the Full" programme, all parents will be able to access the Online Parent Portal with the following login credentials:

Username - all-saints-22

Password - apostle-565

Parent Portal - <https://www.tentenresources.co.uk/parent-portal/>

Parent Consultation Tool - <https://www.tentenresources.co.uk/parent-consultation-tool-secondary/>

Parents and carers continue to have the right to withdraw their children from Sex Education elements of RSE up to three terms before their child's sixteenth birthday, except in those elements which are required by the Science National Curriculum.

If you would like to withdraw your child from the Sex Education Elements of RSE then please email Mrs Kate Bown (k.bown@allsaints.sheffield.sch.uk) so we can discuss this further and make alternative arrangements where necessary.

If you have any concerns or questions, please get in touch before this point for us to discuss.

Yours sincerely

K Bown (Mrs)
Assistant Headteacher