

## Y11 into Y12 Gateway Tasks – Physical Education

As you have now officially completed your GCSE studies, you will be working towards your next stage in life – as a sixth form student at All Saints. In order to further develop your love for the subject, we would like you to complete some of the tasks below.

### **Watch the following:**

1. A drama series on Netflix called 'The English Game' (6 episodes) which depicts the start of the professional era in association football.
2. A watch the film called 'Battle of the Sexes' which highlights the process that women went through to secure equal pay for their performance earnings in tennis.
3. A college lecturer named James Morris on Youtube (<https://www.youtube.com/channel/UCChU8cYZY5xpQ7pBIklu3Xw>) who has over 180 videos sharing information of the various contents within the studies of PE and Sport at post-16.

### **Listen to the following:**

1. PE Teacher podcast (<https://www.pescholar.com/insight/top-10-pe-podcasts-for-physical-education-teachers/>)
2. Sports Science (<https://scienceforsport.fireside.fm/>)
3. Nutrition ([https://blog.feedspot.com/athlete\\_nutrition\\_and\\_health\\_podcasts/](https://blog.feedspot.com/athlete_nutrition_and_health_podcasts/))

### **Familiarise yourself with the following:**

1. Sport England (<https://www.sportengland.org>) who have the responsibility of ensuring sport is accessible for all through investing government money into the correct areas.
2. The Youth Sport Trust (<https://www.youthsporttrust.org>) who have the responsibility of increasing participation rates across the country.
3. Careers In Sport (<https://careers-in-sport.co.uk/>) who provide lots of information of potential careers that you may wish to embark upon following your studies.

### **Sign up to the following:**

1. Keep up to date with the latest developments in Physical Education by joining a national association: <https://www.afpe.org.uk>
2. Keep up to date with the latest developments in sport and exercise science by joining a national association: <https://www.bases.org.uk/index.html>
3. Keep up to date with the latest developments in sports coaching by joining a national association: <https://www.ukcoaching.org>