

**Plan of Learning**

**Students have two hours of core PE each week. The order of the activities will vary depending on the class.**

Fitness	Basketball	Rugby/ Netball	Outdoor invasion/ football	Net/ racket	Volleyball	Striking and fielding	Athletics	Dance	Flag football	OAA
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Feedback, Retrieval & Assessment	Super curriculum opportunities / extra-curricular activities	Cultural Capital, SMSC, Careers and Futures
<ul style="list-style-type: none"> <li>On-going formative assessment by teachers during lessons.</li> <li>Self and peer assessment within lessons.</li> <li>Assessment criteria shared with students for within each activity.</li> <li>Within each activity block students will be assessed and will receive feedback.</li> <li>Three times throughout the year a formal assessment grade will be submitted. This will be an average of the assessments completed in each activity up to the formal assessment point.</li> </ul>	<ul style="list-style-type: none"> <li>Extensive extra-curricular opportunities are available.</li> <li>These include weekly recreational sporting activities and school sport teams.</li> <li>There are opportunities for students to represent the school in a variety of sporting competitions.</li> <li>There is an inter house sports competition which includes a sports day at the end of the year.</li> <li>Club links have been developed with a range of external key users that use the schools facilities.</li> <li>LINKS sports partnership work with students to organise and deliver primary and secondary school sport events.</li> <li>The school is part of the Sheffield Federation for School Sport.</li> </ul>	<ul style="list-style-type: none"> <li>Leadership skills developed</li> <li>Work as an individual and as part of a team</li> <li>Winning and losing successfully</li> <li>Encouraging and empathising</li> <li>Range of activities delivered in lessons</li> <li>Cultural trips</li> <li>Learning about health and fitness</li> </ul>

Common misconceptions	Connecting New Knowledge	Challenge for all
<ul style="list-style-type: none"> <li>Winning is not the most important thing. We teach students that physical education is about developing the physical and social skills of an individual.</li> </ul>	<ul style="list-style-type: none"> <li>Regular revisiting of activity tactics within games activities</li> <li>Health and fitness is revisited in each activity block</li> <li>New rules, strategies and tactics are introduced throughout the activity block and year.</li> </ul>	<ul style="list-style-type: none"> <li>Clearly defined success criteria and use of clear feedback model to show next steps to improve</li> <li>Stretch activities built into each lesson</li> <li>Regular use of structured fixed practice to support development. Modified practice activities used where appropriate.</li> <li>Gradual introduction of competition.</li> </ul>