

Plan of Learning

Students have two hours of core PE each week. The order of the activities will vary depending on the class.

Fitness	Football/ Netball	Rugby	Dance	Net/Racket	OAA	Striking fielding	and	Athletics	Basketball	Handball/ Flag football
---------	----------------------	-------	-------	------------	-----	----------------------	-----	-----------	------------	----------------------------

Feedback, Retrieval & Assessment	Super curriculum opportunities / extra-curricular activities	Cultural Capital, SMSC, Careers and Futures
<ul style="list-style-type: none"> On-going formative assessment by teachers during lessons. Self and peer assessment within lessons. Assessment criteria shared with students for within each activity. Within each activity block students will be assessed and will receive feedback. Three times throughout the year a formal assessment grade will be submitted. This will be an average of the assessments completed in each activity up to the formal assessment point. 	<ul style="list-style-type: none"> Extensive extra-curricular opportunities are available. These include weekly recreational sporting activities and school sport teams. There are opportunities for students to represent the school in a variety of sporting competitions. There is an inter house sports competition which includes a sports day at the end of the year. Club links have been developed with a range of external key users that use the schools facilities. LINKS sports partnership work with students to organise and deliver primary and secondary school sport events. The school is part of the Sheffield Federation for School Sport. 	<ul style="list-style-type: none"> Leadership skills developed Work as an individual and as part of a team Winning and losing successfully Encouraging and empathising Range of activities delivered in lessons Cultural trips Learning about health and fitness

Common misconceptions	Connecting New Knowledge	Challenge for all
<ul style="list-style-type: none"> Winning is not the most important thing. We teach students that physical education is about developing the physical and social skills of an individual. 	<ul style="list-style-type: none"> Regular revisiting of activity tactics within games activities Health and fitness is revisited in each activity block New rules, strategies and tactics are introduced throughout the activity block and year. 	<ul style="list-style-type: none"> Clearly defined success criteria and use of clear feedback model to show next steps to improve Stretch activities built into each lesson Regular use of structured fixed practice to support development. Modified practice activities used where appropriate. Gradual introduction of competition.