

Dear Parent/Guardian,

In Religious Education lessons this term your child will be covering the Relationships and Sex Education content that will have been missed this academic year due to various lockdowns and periods of isolation due to COVID-19.

As a Catholic school it is our duty to teach about healthy relationships and engage with the issues of this content to enable your child's growth and development into a well-rounded human being. It is also part of our legal duty as a school to cover this content.

We use resources provided by Ten:Ten. This is a Catholic organisation that have produced lesson resources to cover the content on the curriculum. It has been approved by the Hallam Diocese for use in all the schools in the diocese.

The content we are covering this term is:

Y7:

- Changing Bodies & Puberty
- Healthy Body/Healthy Mind – Self Esteem
- Where we come from – Sex and Reproduction
- Family and Friends – Relationships
- My Life on Screen – Keeping safe online

Y8:

- Gender Dysphoria
- Managing sexual feelings and attraction
- Before I Was Born – pregnancy, miscarriage, stillbirth, abortion
- Tough Relationships (equality and difference)
- Think Before You Share – sexting
- Wider World – prejudice and discrimination

Y9:

- In Control of My Choice – Love and Lust
- Fertility and Contraception
- Marriage
- Consent
- Knowing My Right and Responsibilities

Y10 (after their Mock exams):

- Fertility and Contraception
- Consent
- Pregnancy and Abortion

I would encourage you to talk to your child about these issues in order to really help them in learning. As a parent you are the first educator of your child.

If you would like to view the Ten:Ten resources there is a Parent Portal on their website:

- Parent Portal: <http://www.tentenresources.co.uk/parent-portal/>
- Username: all-saints-22
- Password: apostle-565

Yours sincerely,

Mr P Loftus

Subject Leader for RE

All Saints Catholic High School