

Relationships and Sex Education at All Saints.

From September 2020 all schools are obliged to deliver Relationships and Sex Education as part of the statutory framework: **Relationships education, relationships and sex education (RSE) and health education.**

More information from the DfE can be found here:

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>

The school policy for Relationships and Sex Education can be found on our website.

Elements of this material will be delivered across the curriculum for example the development of a baby through pregnancy is covered in the science curriculum and lessons will be delivered by the science department, they also cover the mechanics of reproduction. Students in KS3 cover 'healthy living' units which look at lifestyle choices and how to stay healthy, diet etc.

The relationships element of this curriculum offers students the opportunity to reflect on and explore what makes a healthy relationship including issues of friendship both on and off-line. To think about topics such as puberty and body image which are so significant for our young people in secondary school. As students get older they will also cover a wide range of areas including, marriage (same sex and opposite sex marriage), sexual relationships, contraception and pregnancy. Please see below for an outline of curriculum content.

We are using a series of resources which are produced by a company called Ten:Ten Resources. Their materials are widely used in Catholic primary schools for collective worship. Their materials cover the topics in the relationships element of the new framework and also include a specific Catholic perspective on each area. In addition to this the Religious Education department will create supplementary materials where we feel we want to explore a topic further.

Relationships and Sex Education in Religious Education lessons

Key Stage 3 – Who am I?	Key Stage 4 – The Search for Love
Exploring what it means to be a human. What does it mean to start to become an adult? Relationships helping students to know good and bad relationships and how to build strong relationships. Technology and its role in relationships	Reflecting on questions around sexual intimacy including, desire, sexual intercourse and sexual relationships. This includes learning about marriage, contraception and consent.

Any questions:

We would like to offer two drop-in sessions to run through this element of our curriculum and to answer questions. Currently we are not able to run these sessions because of the government closures of schools. However I can respond to questions you have via email.

Please contact me, Mrs Baxter on the following email address: m.baxter@allsaintslearning.co.uk

Hopefully, we will be able to offer the drop-in sessions before the end of the academic year.