

# BTEC Level 1/Level 2 Tech Award in Health and Social Care

The BTEC First has been designed to be delivered through work related contexts, allowing students to develop an understanding of the nature of the health and social care sector. The course gives a balance of practical skill development and theoretical knowledge requirements.

The skills learnt will aid progression to further study and provide preparation to enter the workplace, through:

- Case studies
- Visits to settings
- Outside speakers – health professionals who work in a range of sectors

## Key Subject Aims:

- **The opportunity to gain a broad understanding and knowledge of the health and social care sector.**
- **The opportunity to develop a range of personal skills and techniques which are essential for successful performance in working life.**
- **Support progression into a more specialised level 3 vocational or academic course or into an apprenticeship.**

## Course Content:

<b>Component 1</b>	<b>Human Lifespan Development</b>	<b>Internally assessed Authorised assignment brief</b>	<b>30%</b>
<b>Component 2</b>	<b>Health and Social Care Services and Values</b>	<b>Internally assessed Authorised assignment brief</b>	<b>30%</b>
<b>Component 3</b>	<b>Health and Wellbeing</b>	<b>Externally assessed Builds on Components 1 &amp; 2 Authorised assignment brief</b>	<b>40%</b>

## Where can this course lead?

Students are well equipped to move onto BTEC level 3 in the 6<sup>th</sup> form.

We offer BTEC National (1 A Level equivalent and 3 A Level equivalent options).

Apprenticeships are also an option, allowing students to combine studying with practical experience in a health or care setting environment.

**For more details contact Mrs Ludlow or Mrs Harrison**

## Component 1: Human Lifespan Development

In this component, you will study how people grow and develop over the course of their life, from infancy to old age. This includes physical, intellectual, emotional and social development and the different factors that may affect them. An individual's development can be affected by major life events, such as marriage, parenthood or moving house, and you will learn about how people adapt to these changes as well as the types and sources of support that can help them.

### Learning aims

- A. Understand human growth and development across life stages and the factors that affect it
- B. Investigate how individuals deal with life events



Infants - Early Childhood - Adolescence - Early Adulthood - Middle Adulthood - Later Adulthood

### Factors affecting human growth and development:

Genetic inheritance	Environment	Diet, exercise, smoking
Educational experiences	Employment and unemployment	Housing
Psychological factors e.g. stress	Community involvement	Culture
Relationships e.g. marriage and divorce	Illness and disease	Social class

## Component 2: Health and Social Care Services and Values

At some point in your life you will need health care. It is likely that you have already had an appointment with a doctor. You might know someone who needs social care. This is different from health care, although both types of care are very closely linked. People who need social care are not always ill – they may be unable to do everyday activities like getting dressed or feeding themselves, or need help with their day-to-day lives.

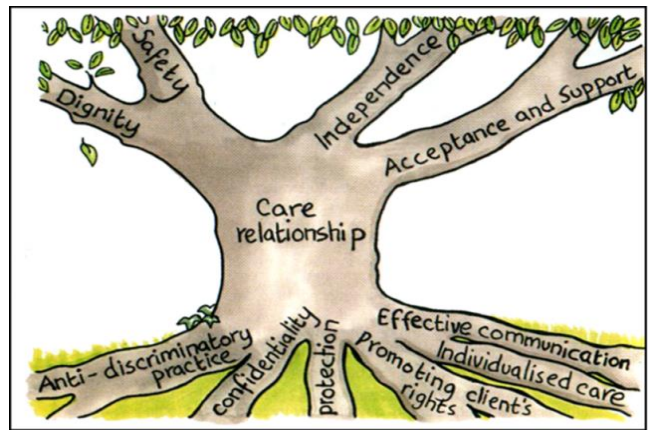
Providing good health and social care services is very important and a set of 'care values' exists to ensure this happens. This component will give you an understanding of health and social care services and will help you develop skills in applying care values.

### Learning aims

- A. Understand the different types of health and social care services and barriers to accessing them
- B. Demonstrate care values and review own practice

You will gain an understanding of how these care values are applied in health and social care settings, and their importance to workers in the sector.

You will apply these values in practice and through this activity you will develop skills that will be of use in all careers within health and social care provision.



## Our Values: Care, Compassion, Competence Courage, Communication and Commitment



### Component 3: Health and Wellbeing

In this component, you will look at the factors that can have a positive or negative influence on a person's health and wellbeing. You will learn to interpret physiological (functions of the body) and lifestyle indicators and what they mean for someone's state of health. You will learn how to use this information to design an appropriate plan for improving someone's health and wellbeing, including short and long term targets. Additionally, you will explore the difficulties an individual may face when trying to make these changes.

## Examples of campaigns to promote health and wellbeing:



### Benefits of health promotion to the individual:

More understanding of health issues

Increased responsibility for own health

Change in personal behaviour practices and lifestyle choices e.g. eating patterns, level of exercise, use of sun protection, handling stress, personal care and hygiene

Reduced levels of injury and disease

Increased life expectancy

Improved quality of life

### Health and Social Care Professions:

The NHS is one of the largest employers in the world, with over 1.3 million staff. The NHS offers a huge range of exciting and challenging opportunities, with more than 300 different careers for individuals with a wide range of interests, skills and qualifications.

Midwife

Paramedic

Adult Nursing

Children's Nursing

Occupational Therapy

Physiotherapy

Social Worker

Working with Children, Young People and Families

Speech and Language Therapy

Qualification Grade Table
Level 1 Pass
Level 1 Merit
Level 1 Distinction
Level 2 Pass
Level 2 Merit
Level 2 Distinction
Level 2 Distinction *